

Let's Be Assertive



Instructions: Read the situation and write down how would you like to respond in this situation

Situation : You have just received food at a restaurant and it is prepared incorrectly. Your sandwich has extra mayo, instead of no mayo.

Your response:



Situation : Your Friend: Hey can I please borrow your pencil. I will return it to you, I swear, I won't lose it like last time.

Your response:

Situation:Your parents want you to study more, but you want to go down and play with your friends.

Your response:



Situation: Your brother is listening to music very loudly, and you have to finish your homework.

Your Response:

Situation: A classmate is teasing you and calling you names and you don't like it.

Your Response:

